

Ontario Student Nutrition Programs

- ▶ Ontario Student Nutrition Programs are non-profit, universally accessible nutrition programs for students.
- ▶ Funding for these programs flows from The Ministry of Children and Youth Services.
- ▶ Nutrition Guidelines **are provided to assist school nutrition program providers in selecting nutritious foods for breakfast, lunch and snacks in order to promote healthy eating habits among students across the province.**



Grey Bruce Eat & Learn

Grey Bruce Eat & Learn is the name of our local student nutrition program. It is dedicated to supporting child nutrition programs in over 70 locations in Grey and Bruce counties.

What Grey Bruce Eat and Learn is all about:

Helping to nourish children. We serve over 8500 children each day.
Helping to serve over 1,000,000 breakfasts, lunches and snacks every school year.
Supporting the work of over 70 local coordinators and their 500 community volunteers.
Providing nutrition education resources to children, parents and schools.
Supporting research on the link between nutrition and learning.
Partnering with corporations, foundations, various levels of government and other community based organizations to ensure that all children in Grey and Bruce attend school well nourished and ready to learn.

Grey Bruce Eat & Learn doesn't just feed kids - it nourishes communities!

Contact the Grey Bruce Eat and Learn Coordinator

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